

My Medication

1. List all medications currently being taken and any known allergies you may have.
2. Show this to every physician with each visit.
3. List the stop date when you stop taking a medication.
4. Keep this booklet with you at all times.
5. Show this booklet if you go to the Emergency Room.
6. Show this booklet if you are admitted to the hospital.

Medication	Dosage	Frequency	Stop Date

Medication Safety Tips

- Take all medications as prescribed unless directed otherwise by your physician.
- Notify your physician of any side effects you experience immediately.
- Tell every physician about all of your medications including the over-the-counter medications, vitamins and herbs.
- Never take any drugs prescribed for someone else.

Allergies	Over-the-Counter / Herbal Medicines